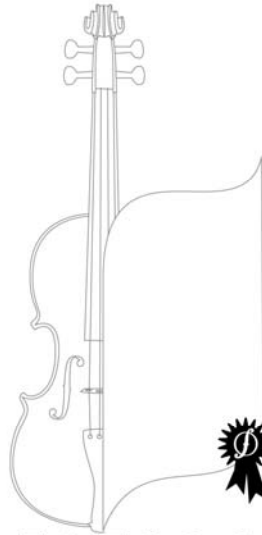


# VIOLA

## A S T A C A P



ASTA  
CERTIFICATE  
ADVANCEMENT  

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P R O G R A M

**VIOLA- FOUNDATION LEVEL**  
**Performance Exam Requirements**  
Duration of examination: 6 minutes

- **Scales and Arpeggios**

Memorized

Metronome: quarter note = 60-69

*Note:* All required scales and arpeggios for this level are printed on the pages following the repertoire listing.

Student prepares one scale:

One-octave G or D major scale starting on open string

No arpeggios required.

Bowings for all scales: Separate quarter notes using whole or half bows.

- **Etudes and/or Pieces**

Two pieces of no less than eight measures showing the use of at least two strings, and more than two fingers.

Memorized.

**Sight-reading:** none

**Recommended Goals for Foundation Level**

Good posture

Good intonation

Correct rhythm

Use of half or whole bows

Meters: 2/4 and 4/4

**Examples of Music Suitable for Foundation Level**

*Note:* Teacher may choose any other works of comparable level.

- **Scale and Method Books**

Allen/Gillespie/Hayes: Essential Elements 2000, Nos. 1-90 (Hal Leonard)

Anderson/Frost: All for Strings, Book 1, selections from the early part (Kjos)

Applebaum: Scales for Strings, Book 1 (Belwin)

Applebaum: String Builder, Book 1, selections through #68 (Belwin)

Frost/Fischbach: Artistry in Strings, Book 1, selections (Kjos)

Herfurth: Tune a Day, Bk. 1, Lessons 1-11, except Lesson 6 (Boston)

O'Reilly: String Power, Bk. 1 (Kjos)

- **Etudes and Pieces**

Duncan: Rhythmic Studies for Beginning Viola (Mel Bay)

Fletcher: New Tunes for Strings, Bk 1 (Boosey & Hawkes)

Murray/Brown: Tunes for My Viola (Boosey & Hawkes)

Suzuki: Viola School, Vol. 1, Nos. 1-9 (Summy-Birchard) \*

\* Applicable to all Summy-Birchard Publications: with exclusive rights administered by Alfred Publishing.

**VIOLA-LEVEL 1**  
**Performance Exam Requirements**  
Duration of examination: 8 minutes

- **Scales and Arpeggios**

Memorized

Metronome: Quarter note = 60-69

*Note:* All required scales and arpeggios for this level are printed on the pages following the repertoire listing.

Student prepares one from each category:

1. One-octave major scale and tonic arpeggio in G or D, starting on open string.
2. Two-octave major scale and tonic arpeggio in C.

Bowings for scales: separate quarter notes or two eighths slurred.

Bowings for arpeggios: Separate quarter notes.

Use whole or half bows for all.

- **Etudes and/or Pieces**

Two total showing different skills. At least one of the two must have 16 or more measures without repeats.

At least one should show low second finger.

Memorized.

- **Sight-reading:** none

**Recommended Goals for Level 1**

Good posture and positioning

Clear tone

Good intonation

Correct rhythm

Use of four fingers and four strings

Use of low second finger

Bowings: half or whole bows, legato, détaché, staccato

Awareness of bow division

Meters: 4/4, 3/4, 2/4

**Examples of Music Suitable for Level 1**

*Note: Teacher may choose any other works of comparable level.*

- **Scale and Method Books**

Anderson: Essentials for Strings (Kjos)

Applebaum: Scales for Strings, Book 1 (Belwin)

Applebaum: String Builder, Book 1, No. 69-end and Book 2 (Belwin)

Frost/Fischbach: Artistry in Strings, Book 1 and 2, selections (Kjos)

Herfurth: Tune a Day, Book 1, Lessons 12 to end, Book 2, selections (Boston)

Lifschey: Scales and Arpeggios, Book 1 (Schirmer)

Sitt: Practical Viola School, selections (Fischer)

- **Etudes and Pieces**

Applebaum: Twenty Progressive Solos, (Belwin)

Applebaum: Building Technic with Beautiful Music, Book 1 (Belwin)

Bay: Fun with the Viola (Mel Bay)

Duncan: Easy Solos for Beginning Viola (Mel Bay)

Suzuki: Viola School, Vol. 1, Nos. (10-17), 10-13, 15, 16 (Summy-Birchard)

**Suggestions for additional study material not suitable for the exam**

Applebaum: Beautiful Music for Two String Instruments, Book 1 (Belwin)

Ayala: Winning Rhythms (Kjos)

Croft: Viola Theory for Beginners, Book 1 (Southern)

**VIOLA-LEVEL 2**  
**Performance Exam Requirements**  
Duration of examination: 8 minutes

- **Scales and Arpeggios**

Memorized

Metronome: quarter note= 60-69

*Note:* All required scales and arpeggios for this level are printed on the pages following the repertoire listing.

Student prepares one from each category:

1. One-octave major scale and tonic arpeggio in Bb or Eb (lower octave).
2. Two-octave major scale and tonic arpeggio in C, D or F (with stretch at top, or one octave and a sixth).
3. One-octave melodic minor scale and tonic arpeggio in G starting from the open string.

Bowing for scales: Two eighths slurred.

Bowing for arpeggios: Separate quarter notes.

Use whole bows for all.

- **Etude**

One, memorization not required.

A piece may be substituted and need not be memorized. It must be in addition to the one or two memorized pieces.

- **Pieces**

One piece, no less than one page long, memorized, or two shorter pieces, memorized.

- **Sight-reading**

Two-octave; C, G, or D major

High second finger

Meters: 4/4, 2/4

Note values: half, quarter, eighth, and quarter rests

Separate bows

**Recommended Goals for Level 2**

Good posture and positioning

Clear tone

Good intonation

Correct rhythm

Use of four fingers and four strings

Bowings: half or whole bows, legato, détaché, staccato

Use of bow division

Meters: 4/4, 3/4, 2/4

Simple dynamic contrast

**Examples of Music Suitable for Level 2**

*Note:* Teacher may choose any other works of comparable level.

### **Scale and Method Books**

Anderson: Essentials for Strings (Kjos)  
Brown: Two-Octave Scales and Bowings for the Viola (Ludwig)  
Flor: Scales for the Viola (Boston)  
Herfurth: A Tune a Day String Method, Book 2 (Boston)  
Lifschey: Scales and Arpeggios, Book 1, First Position (Schirmer)  
Mogill: Scale Studies (Schirmer)  
Sitt: Practical Viola School (Fischer)

#### **• Etudes**

Applebaum: Early Etudes for Strings (Belwin)  
Applebaum: String Builder, Book 2 (Belwin)  
Cohen: Superstudies, Book 1 (Faber)  
Sitt: Practical Viola School (Fischer)  
Wohlfahrt/Aiqouni: Foundation Studies, Book 1 (Fischer)

#### **• Pieces**

Applebaum: Building Technic with Beautiful Music, Book 2 (Belwin)  
Applebaum: 20 Progressive Solos (Belwin)  
Bay: Fun with the Viola (Mel Bay)  
Duncan: The Student Violist: Bach (Mel Bay)  
Duncan: The Student Violist: Handel (Mel Bay)  
Doktor: First Solos for the Viola (Schirmer)  
Herfurth: Classical Album of Early Grade Pieces (Boston)  
Herfurth/de Veritch: 43 Pieces (Willis)  
Suzuki: Viola School, Vol. 1, Nos. 14 and 17; Vol. 2 (Summy-Birchard)

### **Suggestions for additional material not suitable for the exam**

Ayola: Winning Rhythms (Kjos)  
Croft: Viola Theory, Book 1 (Southern)  
Sevcik: School of Bowing, Op. 2, Part 1 (Bosworth)  
Sevcik: School of Viola Technics, Op. 1, Part 1 (Bosworth)

**VIOLA-LEVEL 3**  
**Performance Exam Requirements**  
Duration of examination: 10 minutes

- **Scales and Arpeggios**

Memorized

Metronome: quarter note = 60-69

*Note:* All required scales and arpeggios for this level are printed on the pages following the repertoire listing.

Student prepares one from each category:

1. Two-octave major scale and tonic arpeggio in D, Eb, F, or G, shifting or fixed position.
2. One-octave major scale and tonic arpeggio in Ab, Db (lower octave), or A.
3. One-octave melodic minor scale and tonic arpeggio in C, G, or D starting on open string.

Bowing for scales: Slur two or four eighths.

Bowing for arpeggios: Slur two or three quarters.

Use whole bows on all.

- **Etude**

One, memorization not required.

- **Pieces**

One or two, memorized. A sonata or a concerto movement counts as one piece.

- **Sight-reading**

Two-octave range; C, G, D, or Bb major

Meters: 4/4, 3/4, 2/4, 6/8

Note values: whole, half, quarter, eighth, dotted half, dotted quarter, and quarter rest

Two notes slurred

**Recommended Goals for Level 3**

Good posture and positioning

Clear tone

Good intonation

Correct rhythm

Use of four fingers and four strings

Bowings: legato, détaché, staccato, and martelé

Use of bow division

Dynamics: crescendo and diminuendo

Beginning of vibrato on longer notes

Ritardando

**Examples of Music Suitable for Level 3**

*Note:* Teacher may choose any other works of comparable level.

- **Scale Books**

Anderson: Essentials for Strings (Kjos)

Brown: Two-octave Scales and Bowings for the Viola (Ludwig)

Mogill: Scales Studies (Schirmer)  
Sitt: Practical Viola School (Fischer)

**Etudes**

Cohen: Superstudies, Book 1, etudes 9-19(Faber)

Kayser: Op. 20, Nos. 1-12 (Fischer)

Wohlfahrt/Aiqouni: Foundation Studies, Bk. 1 (Fischer)

Wohlfahrt: Sixty Studies, Op. 45, Book 1 (Fischer)

**• Pieces**

Duncan: The Student Violist: Bach (choose the more advanced pieces) (Mel Bay)

Duncan: The Student Violist: Handel (choose the more advanced pieces) (Mel Bay)

Hook/Applebaum: Sonatina (Belwin)

Humperdinck/Barber: Children's Prayer from Hansel and Gretel, Barber: Solos for Young Violists, Vol. 1 (Summy-Birchard)

Papini/Barber: The Sleeping Princess, Ibid.

Suzuki: Viola School, Vol. 3, revised (Summy-Birchard)

**Suggestions for additional study material not appropriate for the exam**

Ayola: Winning Rhythms (Kjos)

Croft: Viola Theory for Beginners, Books 1 & 2 (Southern)

Fischbach/Frost: Viva Vibrato! (Kjos)

Herfurth: A Tune a Day, Book 3 (Boston)

Sevcik: School of Bowing, Op. 2, Part 1 (Bosworth)

Sevcik: School of Viola Technics, Op. 1, Part 1 (Bosworth)

Starer: Rhythmic Training (MCA)

**VIOLA-LEVEL 4**  
**Performance Exam Requirements**  
Duration of examination: 15 minutes

- **Scales and Arpeggios**

Memorized

Metronome: quarter note = 60-69

*Note:* All required scales and arpeggios for this level are printed on the pages following the repertoire listing.

Student prepares one from #1 and one from #2:

1. Two-octave major scale and tonic arpeggio in Ab, A, or Bb.
2. Two-octave scale and tonic arpeggio in Db, Eb or E.

Play both the melodic *and* the harmonic versions of one:

3. Two-octave minor scale and tonic arpeggio in C, D, or G.

Student plays:

4. Two-octave C chromatic scale. Slur two eighths.

Bowing for scales in #1, 2, and 3: Slur four eighths.

Bowing for arpeggios: Slur two eighths or one set of triplet eighths to the quarter  
Use whole bows for all.

- **Etude**

One, memorization not required.

- **Pieces**

One or two, memorized. A sonata or a concerto movement counts as one piece.

- **Sight-reading**

Two-octave range; keys including three sharps and two flats

Meters: 4/4, 3/4, 2/4, 6/8

Note values might include dotted eighths with sixteenth notes and eighth rests

Slurs: two, three and four notes; mainly first position

Might include one shift to third position

**Recommended Goals for Level 4**

Good posture, position, intonation, rhythm, and tone

Accented strokes, lifts, beginning spiccato

Playing in third position

Expressive playing through phrasing and dynamics

Vibrato used in pieces

Introduction to reading treble clef

**Examples of Music Suitable for Level 4**

*Note:* Teacher may choose any other works of comparable level.

- **Scales**

Adams: Scale Studies for the Intermediate Violist (Ludwig)

Anderson: Essentials for Strings (Kjos)

Brown: Two-octave Scales and Bowings for Viola (Ludwig)  
Mogill: Scales Studies (Schirmer)

## **Etudes**

Cohen: Superstudies, Book 2 (Faber)

Kayser: Studies, Op. 20, Nos.13-36 (Fischer)

Whistler: Introducing the Positions, Book 1 (Fischer)

Wohlfahrt/Aiqouni: Foundation Studies, Books 1 and 2 (Fischer)

Wohlfahrt: 60 Studies, Op. 45, Books 1 and 2 (International)

Wohlfahrt: Studies, Op. 74, Books 1 and 2 (Schirmer)

## **• Pieces**

Bohm/Barber: Sarabande in Cm, from Solos for Young Violists, Vol. 2 (Summy-Birchard)

Gabriel-Marie/Barber: La Cinquante, Ibid, Vol.1

Handel: Sonata in Gm (International)

Marais: Five Old French Dances (Masters)

Marcello: Sonata in Em (International)

Seitz: Concerto No. 2 in C (Schirmer)

Suzuki: Viola School, Vol. 4 (Summy-Birchard)

Telemann: Concerto in G (International)

## **Suggestions for additional study material not suitable for the exam**

Fischbach/Frost: Viva Vibrato! (Kjos)

Schradieck: School of Viola Technics, Bk 1 (Schirmer)

Sevcik: School of Bowing, Op. 2, Part 1 (Bosworth)

Sevcik: School of Viola Technics, Op. 1, Part 1 (Bosworth)

Steuen-Walker: Treble Clef for Violists (Summy-Birchard)

**VIOLA-LEVEL 5**  
**Performance Exam Requirements**  
Duration of examination: 15 minutes

- **Scales and Arpeggios**

Memorized

Metronome: quarter note = 60-72

*Note:* All required scales and arpeggios for this level are printed on the pages following the repertoire listing.

Student prepares one from each category:

1. Two-octave major scale in Db, E, Gb, Ab, A or Bb. Slur four eighths or eight sixteenths.
2. Three-octave major scale in C, D, Eb, or F. Slur one set of triplet eighths or four eighths.
3. Two-octave minor (play both melodic and harmonic versions) scale in C, D, E, or G.  
Slur four eighths.
4. Two-octave C chromatic scale. Slur two or four eighths.

Tonic arpeggios are required for all major and minor scales.

Bowing for arpeggios: Slur one set of triplet eighths or four eighths.

Use whole bows on all.

- **Etude**

One, memorization not required.

- **Pieces**

One or two, memorized. A sonata or concerto movement counts as one piece.

- **Sight-reading**

Range might exceed two octaves

Keys up to three sharps and three flats

Meters: 4/4, 3/4, 2/4, 6/8

Note values might include dotted eighths with sixteenth notes and eighth rests

Ties

Slurs: two, three and four notes

Mainly in first position with some shifts to third position

**Recommended Goals for Level 5**

Balanced left hand, showing comfort in shifting and vibrato

More extended use of shifts and playing above first position with accuracy

Use of some double stops in pieces

Developing off-string bowings with flexibility in the bow arm and hand

Double stop scales in one octave, broken thirds, sixths and octaves

Expressive playing including rubato, dynamics and vibrato

Developing sense for tonal beauty

Fluency in reading treble clef in pieces

**Examples of Music Suitable for Level 5**

*Note: Teacher may choose any other works of comparable level.*

- **Scale Books**

Adams: Scale Studies for the Intermediate Violist (Ludwig)  
Anderson: Essentials for Strings (Kjos)  
Arnold: Three-Octave Scales and Arpeggios (Viola World Pub.)  
Flesch: Scale System (Fischer)  
Mogill: Scale Studies (Schirmer)

- **Etudes**

Cohen: Technique Takes Off! (Faber)  
Dont: 24 Studies, Op. 38 (International)  
Kayser: 36 Elementary and Progressive Studies, Op. 20, Nos. 18-36 (International)  
Whistler: Introducing the Positions, Books 1 and 2, minimum eight lines (Rubank)  
Wohlfahrt: 60 Studies Op 45 Bk 2 (Schirmer)  
Wohlfahrt/Aigouni: Foundation Studies, Book 2 (Fischer)

- **Pieces**

Bach, J.S./Forbes: Jesu, Joy of Man's Desiring, from Barber: Solos for Young Violists, Vol. 2, (Summy-Birchard)  
Brahms: Choral Prelude, Op. 122, No. 8 (Oxford U.P.)  
Dancla/Barber: Fantasia-La Cenerentola, from Barber: Op. cit  
Haydn/Piatigorsky: Divertimento (Elkan-Vogel)  
Klengel: Album of Classical Pieces, Vol. 2, Nos. 5 and 8 (International)  
Marcello: Sonatas in C, G and Em (International)  
Mozart: Divertimento (Elkan-Vogel)  
Mozart/Piatigorsky: Divertimento in Cm Barber: Op. cit  
Ravel/Drouet: Pavane pour une Infante Defunt (Eschig U.M.P.)  
Suzuki: Viola School, Vol 5, revised edition (Summy-Birchard)  
Tertis, arr.: Londonderry Air, Barber: Op. cit  
Vanhel: Concerto in C, movts. 1 & 2 (International)  
Vivaldi: Concerto in Dm (in Suzuki Books 4 and 5) (Summy-Birchard)  
Williams/Forbes: Fantasia on Greensleeves (Oxford U.P.)

**Suggestions for additional study material not suitable for the exam**

Cohen: Viola Quick Change (Faber)  
Schradieck/Lifschey-School of Viola Technic, Book 1 (Schirmer)  
Sevcik: School of Bowing, Op. 2, Part 1 (Bosworth)  
Sevcik: School of Viola Technics, Op. 1, Part 1 (Bosworth)  
Steuen-Walker: Treble Clef for Violists (Summy-Birchard)

**VIOLA-LEVEL 6**  
**Performance Exam Requirements**  
Duration of examination: 17 minutes

- **Scales and Arpeggios**

Memorized

Metronome: quarter note = 60-72

Student prepares one from each category:

1. Two-octave major scale in Ab, A, Bb, or B. Slur four eighths or eight sixteenths.
2. Three-octave major scale in Db, D, Eb, E or F. Slur one set of triplet eighths or four eighths.
3. Three-octave melodic minor scale in C, D, E, or F. Slur one set of triplet eighths or four eighths.
4. Two-octave harmonic minor scale in E or G. Slur one set of triplet eighths or four eighths.
5. Two-octave C chromatic scale. Slur four eighths.

Tonic arpeggios are required for all major and minor scales.

Bowing for arpeggios: Slur one set of triplet eighths or four eighths.

- **Etudes**

One, memorization not required.

- **Pieces**

One or two, memorized. A sonata or concerto movement counts as one piece.

- **Sight-reading**

Range might exceed two octaves

Keys up to three sharps and three flats

Meters: 4/4, 3/4, 2/4, 6/8, 3/8

Note values might include dotted eighths and a sixteenth note and eighths rests

Slurs of two, three, or four notes

Ties

First and third positions

**Recommended Goals for Level 6**

Growing skills in shifting and playing in upper positions

Playing chords and short passages of double stops with clear tone

Increased skills with mixed bowings

Learning sautillé

Accuracy in complex rhythms

More fluid and even vibrato used in pieces

Beauty of tone in sustained passages

Initial sense for style in varied periods of music

**Examples of Music Suitable for Level 6**

*Note: Teacher may choose any other works of comparable level.*

- **Scale Books**

Anderson: Essentials for Strings (Kjos)  
Arnold: Three-Octave Scales and Arpeggios (Viola World Pub.)  
Flesch: Scale System (Fischer)  
Mogill: Scale Studies (Schirmer)  
Sevcik: School of Viola Technics, Op. 1, Parts 3 and 4 (Bosworth)

- **Etudes**

Cohen: Technique Takes Off! (Faber)

Hofmann: Melodic Double Stops (Viola World Pub.)

Kayser: 36 Elementary and Progressive Studies, Op. 20, Nos. 18-36 (International)

Kreutzer: Etudes, Nos. 1-11 (Schirmer)

Mazas: Etudes Speciales, Op. 36, Book 1 (International)

Trott: Melodious Double Stops, Book 2 (Schirmer)

Whistler: Introducing the Positions, Book 2, minimum eight lines (Rubank)

Whister: Preparing for Kreutzer (Rubank)

- **Pieces**

Accolay: Concerto No. 1 in D Minor (Schirmer)

Bach: Arioso (Fischer)

Bach: Cello Suites 1-3 (various editions)

Doktor: Solos for the Viola Player, Nos. 2, 5, 6, and 10 (Schirmer)

Faure: Apres un Reve (International)

Fiocco/Arnold: Allegro (Viola World Pub.)

Haydn/Piatigorsky: Divertimento in D (Elkan-Vogel)

Marais: Five Old French Dances, No. 2, La Provencale (Viola World Pub.)

Moszkowski/Scharwenka/Barber: Spanish Dance, from Barber: Solos for Young Violists, Vol. 2, (Summy-Birchard)

Stamitz, Karl: Concerto in D (not the famous one-no opus number) (Ludwig)

Suzuki: Viola School, Vol. 6 (Summy-Birchard)

**Suggestions for additional study material not suitable for the exam**

Schradiack: School of Viola Technics (Schirmer)

Sevcik: School of Bowing, Op. 2 (Schirmer)

Sevcik: Shifting the Position, Op. 8 (Schirmer)

Sevcik: Preparatory Exercises in Double Stopping, Op. 9 (Schirmer)

## VIOLA-LEVEL 7

Performance Exam Requirements  
Duration of examination: 20 minutes

- **Scales and Arpeggios**

Memorized

Metronome: quarter note = 66-76

Student prepares one from each category:

1. Three-octave major scale in Db, D, Eb, E, F, or G. Slur two sets of triplet eighths or eight sixteenths.
2. Three-octave melodic minor scale in C, D, E, or F. Bowings-same as #1.
3. Two-octave harmonic minor scale in E or G. Slur one set of triplet eighths or four eighths.
4. Three-octave C chromatic scale. Slur two or four eighths.

Tonic *and* subdominant arpeggios are required for all major and minor scales.

Bowing for arpeggios: Slur one set of triplet eighths.

- **Etudes**

One, memorization not required

- **Pieces**

One substantial piece such as Faure: Elegy, Op. 44 or Hummel: Fantasy or fast concerto movement *and* one short contrasting piece from a different period.

Both memorized.

- **Sight-reading**

Range might exceed two octaves

Keys up to three flats and three sharps

Meters: 4/4, 3/4, 2/4, 6/8, 3/8, 9/8, 2/2

Slurs of two, three, four, and six notes

Note values might include dotted eighth and sixteenth in one beat and eighth rests

Some shifting to second or third position

### **Recommended Goals for Level 7**

Accuracy of pitch and rhythm

Extended fast passages played evenly and cleanly

Developing agility in trills

Working on double stop scales in two octaves

Increasing bowing skills in sautillé, spiccato and complex string crossing

More power and beauty of tone

Growing familiarity with varied styles demanded by different periods

### **Examples of Music Suitable for Level 7**

*Note: Teacher may choose any other works of comparable level.*

- **Scale Books**

Flesch: Scale System (Fischer)

Mogill: Scale Studies (Schirmer)

Sevcik: School of Viola Technics, Op. 1, Parts 3 and 4 (Bosworth)

- **Etudes**

Bruni: 25 Studies (International)

Fuchs: 15 Characteristic Studies (Oxford)

Hofmann: Melodic Double Stops (Viola World Pub.)

Kreutzer: Etudes, Nos. 1-11 (Schirmer)

Mazas: Etudes Speciales, Op. 36, Books 1 and 2 (International)

Whistler: Developing Double Stops (Rubank)

Whistler: Introducing the Positions, Book 2, minimum eight lines (Rubank)

- **Pieces**

Bach: Cello Suites (Schirmer, etc.)

Ben-Haim: Three Songs without Words

J.C. Bach/Casadesus: Concerto in Cm (Salabert)

Beethoven: Two Romances (International)

Bruch: Kol Nidre (Fischer)

Bucci: Concertante, from Barber: Solos for Young Violists, Vol. 2, (Summy-Birchard)

Clark: I'll Bid My Heart Be Still (Oxford)

Dittersdorf: Andantino in A (International)

Faure: Elegy, Op. 44 (International)

Glinka: Sonatina in Dm, first movement (Musica Rara)

Handel/Casadesus: Concerto in Bm (Salabert)

Hummel: Fantasy (Kunzelmann, EMT)

Schubert: Sonatina in Gm, Op. 137, No. 3 (International)

Stamitz, Karl: Sonata in Bb (Kalmus)

Vanhal: Concerto in C, Movt. 3 (International)

Zelter: Concerto in Eb (Grah)

**Suggestions for additional study material not suitable for the exam**

Schradiack: School of Viola Technic (Schirmer)

Sevcik: School of Bowing, Op. 2 (Schirmer)

Sevcik: Shifting the Position, Op. 8 (Schirmer)

Sevcik: Preparatory Exercises in Double Stopping, Op. 9 (Schirmer)

**VIOLA-LEVEL 8**  
**Performance Exam Requirements**  
Duration of examination: 20 minutes

- **Scales and Arpeggios**

Memorized

Metronome: quarter note = 66-76

*Student prepares one from each category:*

1. Three-octave major scale in Db, D, Eb, E, F or G. Slur two sets of triplet eighths or eight sixteenths.
2. Three-octave melodic minor scale in C, D, E, F, or G. Bowings – same as #1.
3. One-octave major scale in C or D in double-stopped octaves. Slur two eighths.

Tonic and subdominant arpeggios are required for all major and minor scales.

Bowing for arpeggios: Slur one set of triplet eighths.

- **Etudes**

One, memorization not required.

- **Pieces**

One fast concerto movement, one short contrasting piece, *and* one movement from a Bach Suite. At least one composer should be from an era other than the Baroque.

The concerto movement and Bach are to be memorized. Memorization is not required for the short contrasting piece.

- **Sight-reading**

Range might exceed two octaves

Keys up to three flats and three sharps

Meters: 4/4, 3/4, 2/4, 6/8, 3/8, 9/8, cut time

Slurs of two, three, four, or six notes

Note values might include dotted eighth and sixteenth in one beat and eighth and sixteenth rests

Shifting to second or third position

**Recommended goals for Level 8**

Confidence and accuracy in shifting including double stops

Developing varied speeds and widths of vibrato

More speed and agility in bowing

Wider dynamic range

More power, projection and beauty of tone

Increasing conviction and musical maturity in a range of styles

**Examples of Music Suitable for Level 8**

*Note: Teacher may choose any other works of comparable level.*

- **Scale Books**

Flesch: Scale System (Fischer)

Mogill: Scale Studies (Schirmer)

Sevcik: School of Viola Technics, Op. 1, Part 3 (Bosworth)

- **Etudes**

Bruni: 25 Studies (International)  
Fiorillo: 31 Selected Studies (International)  
Fuchs: 15 Characteristic Studies (Oxford)  
Hoffmeister: 12 Studies (International)  
Kreutzer: 42 Studies (Kalmus) #11-42  
Mazas: Etudes Brillantes, Op. 36, Book 2 (Schirmer)

**Pieces**

Album of 6 Pieces (International)  
Bach: Cello Suites (many editions)  
Bach: 3 Sonatas for Viola da Gamba (Boosey & Hawkes)  
Benda: Concerto in F (Schott)  
Beethoven: Romance No. 2 in Bb, from Two Romances (International)  
Bloch: Meditation and Processional (Schirmer)  
Brahms: Sonatensatz (International)  
Bruch: Romanze, Op. 85 (Schott)  
Clark: Chinese Puzzle from Shorter Pieces for Viola and Piano (Oxford Press)  
Hindemith: Meditation (Schott)  
Hoffmeister: Concerto in Bb (Schott)  
Mozart/Fuchs: Concerto No. 3 in C, K. 216 (International)  
Mozart/Katims: Concerto in Bb, K. 191 (International)  
Pleyel: Concerto in D (Grahl)  
Schmitt: Concerto in C (Amadeus)  
Schumann: Adagio and Allegro (International)  
Schumann: Marchenbilder (Fairy Tales), Op. 113 (International)  
Telemann: Fantasias (McGinnis & Marx)  
Vaughan Williams: Suite, Group 1, except Christmas Dance (Oxford)

**Suggestions for additional study material, not suitable for the exam**

Mager, Spinoza, & Rusch: Artist's Studio for Strings, Bowing Development Studies (Kjos)  
Sevcik: Preparatory Double-Stops, Op. 9 (Viola World Pub.)  
Sevcik: School of Viola Technics, Op.1, Part 4 (Bosworth)

**VIOLA-LEVEL 9**  
**Performance Exam Requirements**  
Duration of examination: 25 minutes

- **Scales and Arpeggios**

Memorized

Metronome: quarter note = 72-88

Student prepares one from each category:

1. Three-octave major scale in Db, D, Eb, E, F, or G. Slur two sets of triplet eighths or eight sixteenths followed by the modulating series of arpeggios (as in Flesch or Sevcik) slurred as one set of triplet eighths or more.
2. Three-octave melodic or harmonic minor scale in C, D, E, F, or G followed by tonic and subdominant arpeggios. Bowings-same as #1.
3. One-octave major scale in double-stopped thirds in Eb or F. Slur two eighths.

- **Etudes**

One, memorization not required.

- **Pieces**

One fast concerto movement, one short piece in contrasting style, *and* one movement from a Bach Suite (Nos. 3-6). A substantial piece such as the Bloch: Suite Hebraique or Vitali: Chaconne can be substituted for the concerto movement. Either the concerto movement or the short piece should be from a period other than the Baroque.  
All memorized.

- **Sight-reading**

Range might exceed two octaves

Keys up to three flats and three sharps with some accidentals

Meters: 4/4, 3/4, 2/4, 6/8, 3/8, 9/8, 12/8, 2/2

Slurs of two, three, four, six or eight notes

Note values might include dotted eighth and sixteenth in one beat and eighth and sixteenth rests

Some shifting to second or third position

Possible change to treble clef

**Recommended goals for Level 9**

Increased fluency and ease of shifting in high positions and in double stops

Clean and even passagework and extended fast passages

Study of artificial harmonics

Continued overall progress in technical skills and tone production

Further development of expressive vocabulary in shifting, vibrato, tone colors, and double stops, varied to suit interpretation

Heightened development of a sense of style and instrumental imagination

**Examples of Music Suitable for Level 9**

*Note: Teacher may choose any other works of comparable level.*

- **Scale Books**

Flesch: Scale System (Fischer)

Mogill: Scale Studies (Schirmer)

Sevcik: School of Viola Technics, Op. 1, Part 3 (Bosworth)

- **Etudes**

Campagnoli: 41 Caprices (International)  
Fiorillo: 31 Selected Studies (International)  
Fuchs: 15 Characteristic Studies (Oxford)  
Hoffmeister: 12 Studies (International)  
Kreutzer: 42 Studies, Nos. 11-42 (Schirmer)  
Mazas: Etudes Brillantes, Op. 36, Book 2 (International)

- **Pieces**

Bach: Cello Suites (International, et al)  
Bach: 3 Sonatas for Viola da Gamba (International)  
Beethoven: Romance No. 1 in C from Two Romances (International)  
Beyer: Cadenzas to Concerti of Zelter, Stamitz, Hoffmeister (Kunzelmann)  
Bloch: Suite Hebraique (Schott)  
Brahms: Sonata Op, 120, No.1 in Fm and Sonata No.2 in Eb (many editions)  
Clarke: Lullaby in Am from Shorter Pieces for Viola and Piano (Oxford Press)  
Debussy: Beau Soir (International)  
Forsyth: Concerto in Gm (Schott)  
Hoffmeister: Concerto in D (International)  
Holst: Lyric Movement (Oxford)  
Ries: Perpetuum Mobile (Viola World Pub.)  
Stamitz, C: Concerto in D, Op. 1 (many editions)  
Vaughan Williams: Suite, Group 1, Christmas Dance (Oxford)  
Vitali: Chaconne (Viola World Pub.)

**Suggestions for additional study material, not suitable for the exam**

Mager, Spinoza, & Rusch: Artist's Studio for Strings, Bowing Development Studies (Kjos)  
Sevcik: Preparatory Double-Stops, Op. 9 (Viola World Pub.)  
Sevcik: School of Viola Technics, Op. 1, Part 4 (Bosworth)

**VIOLA-LEVEL 10**  
**Performance Exam Requirements**  
Duration of examination: 30 minutes

- **Scales and Arpeggios**

Memorized

Metronome: quarter note = 72-88

Student prepares one from each category:

1. Three-octave major scale in Db, D, Eb, E, F, or G. Slur two sets of triplet eighths or eight sixteenths followed by the modulating series of arpeggios (as in Flesch or Sevcik). Arpeggios-slur one set of triplet eighths or more.
2. Three-octave melodic or harmonic minor scale in C, D, E, F, or G followed by tonic and subdominant arpeggios. Bowings-same as #1.
3. Two-octave major scale in octaves or thirds. Any key. Slur two eighths

- **Etudes**

One, memorization not required.

- **Pieces**

One fast concerto movement, one short piece in contrasting style and period, *and* one movement from a Bach Suite (Nos. 3-6).

- **Sight-reading**

Range might exceed two octaves

Keys up to four flats and four sharps with some accidentals

Slurs up to eight notes

Meters: 4/4, 3/4, 2/4, 6/8, 3/8, 9/8, 12/8, and cut time

Note values might include dotted eighth and sixteenth in one beat and eighth and sixteenth rests

Some shifting through fifth position and some fast passages

**Recommended Goals for Level 10**

Fluent playing over the entire range of the instrument

Some experience with virtuosic bowings like firm staccato, flying staccato, ricochet, and jeté

Knowledge of all scales, arpeggios and double stops in the Flesch Scale System

Familiarity with musical forms and styles of different periods

Awareness of notions in music theory and harmony and their relationship to interpretation

Students should be encouraged to develop their own interpretation of repertoire

**Examples of Music Suitable for Level 10**

*Note: Teacher may choose any other works of comparable level.*

- **Scale Books**

Flesch: Scale System (Fischer)

Mogill: Scale Studies (Schirmer)

Sevcik: School of Viola Technics, Op. 1, Part 3 (Bosworth)

- **Etudes**

Campagnoli: 41 Caprices (International)  
Fiorillo: 31 Selected Studies (International)  
Hoffmeister: 12 Studies (International)  
Kreutzer: 42 Studies, #11-42 (Schirmer)  
Mazas: Etudes Brillantes, Op. 36, Bk. 2 (International)  
Rode: 24 Caprices (Schott)

- **Pieces**

Bach: Cello Suites, No. 3-6 (International, et al)  
Bloch: Suite for Viola and Piano (Schott)  
Brahms: Sonata, Op. 120, No. 1 in F#m and Sonata No. 2 in E#b (various editions)  
Forsthy: Concerto in G#m (Schott)  
Glazunov: Elegy (International)  
Hindemith: Sonata, Op. 11, No. 4 (Schott)  
Hindemith: Der Schwanendreher (Schott)  
Hummel: Sonata in E#b (McGinnis & Marx)  
Persichetti: Infanta Marina (Elkan-Vogel)  
Schubert: Arpeggione Sonata (many editions)  
Vaughan Williams: Romance (Oxford)  
Vaughan Williams: Suite, Group 2 (Oxford)  
Walton: Concerto (Oxford)  
Weber: Andante and Rondo Ongarese, Op. 35 (Schott and Viola World Press (Oxford))

Additional listing of study material is available in the String Syllabus, Volume 1 (for Violin, Viola, Cello, Double Bass), 2009 Edition edited by David Litrell. Order from ASTA, 4153 Chain Bridge Road, Fairfax, VA 22030. Fax 703-279-2114.

Order online at [www.astaweb.com](http://www.astaweb.com).

*Note: Levels in the String Syllabus do not correspond to Certificate Program levels.*